

# PARENT GUIDE

**PROPEL KIDS  
1ST-5TH GRADE - MARCH 30TH**

## MEMORY VERSE

**But those who trust in the Lord will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak. Isaiah 40:31**

## KEY QUESTION & BOTTOM LINE

**WHAT CAN HELP YOU FOCUS ON JESUS?**

**KEEP GOING BECAUSE OF  
WHAT JESUS DID FOR YOU.**

## BASIC TRUTH

**I can trust God no matter what.**

## TEACHING VIDEO LINK

**You and your little ones can also watch Propels' online worship experience. This activity page goes along with the service. It is available on our website [www.clintoncommunitychurch.org](http://www.clintoncommunitychurch.org).**

## ACTIVITY: BIBLE EXTENSION

**WHAT YOU NEED: BIBLE**

**What You Do:**

Give your child the Bible and look up Hebrew 12:1-3. Read the passage together. To review the story, use the following questions to guide the discussion:

- If you want to win a race, what are some important things to do?
- How is being resilient similar to competing in a race?
- What are some things that make it hard for us to bounce back?
- The author of Hebrews says: Let us keep looking to Jesus. What does it mean to "keep looking to Jesus"?
- What did Jesus do when He was on earth? What was important to Him?

Take the time to guide your child to discuss how Jesus loves God, how He focused on obeying God and how He loved others. Encourage your child to share examples of how, through His actions, Jesus showed what was important to Him.

- What has Jesus done for you?
- How can remembering what Jesus did for you help you to keep going?



## ACTIVITY: JESUS' BIG LOVE FOR US

**WHAT YOU NEED: BIBLE, PAPER, PEN**

**What You Do:**

Encourage your child to brainstorm things they face each week that are hard. Write their answers down on the paper. Some ideas if they get stuck:

- hard assignment at school
- big game
- forgetting their lunch
- unkind classmate
- friends who are fighting
- losing the game
- waking up late
- breaking something

**Say:**

We all face hard things. And it can be hard to keep going and get back up if all we ever do is focus on the tough situation. Let's look at Jesus and how He handled tough things that He faced.

Let's now point out all the things Jesus faced because of His BIG love for all of us.

- Arrested
- Wrongly accused (Jesus never did wrong)
- Hurt/beaten
- Yelled at
- Spit on
- Misunderstood
- Hate
- Laughed at
- Killed

**Why did Jesus face all of those hard things?**

Jesus faced all of those hard things because He knew what was coming. In the biggest bounce-back event ever, Jesus ROSE from the dead. He came back to life. He took on all that punishment, all that hard stuff, to make it possible for anyone to have a relationship with God! You can keep going because of what Jesus did for you.